

# Price Sheet

## Nutrition Packages

### 3 Month Packages (expire 3 months after initial consult)

#### **GOLD \$600** **(\$795 Value)**

BodPod x2  
RMR  
1 hour initial consult  
30 minute consult x2  
Customized meal plan  
Weekly weigh-ins w/  
15 minute check-ins  
Lipo B12 injections  
Email support

#### **SILVER \$450** **(\$570 Value)**

BodPod x2  
RMR  
1 hour initial consult  
30 minute consult x2  
Customized meal plan  
Weekly weigh-ins  
Email support

#### **BRONZE \$300** **(\$470 value)**

BodPod x2  
RMR  
1 hour initial consult  
30 minute consult x2  
Customized meal plan  
Biweekly weigh-ins  
Email support

### 6 Month Packages (expire 6 months after initial consult)

#### **GOLD \$900** **(\$1,312 Value)**

BodPod x3  
RMR  
1 hour initial consult  
30 minute consult x5  
Customized meal plan  
Weekly weigh-ins w/  
15 minute check-ins  
Lipo B12 injections  
Email support

#### **SILVER \$650** **(\$975 Value)**

BodPod x3  
RMR  
1 hour initial consult  
30 minute consults x5  
Customized meal plan  
Weekly weigh-ins  
Email support

#### **BRONZE \$500** **(\$725 value)**

BodPod x3  
RMR  
1 hour initial consult  
30 minute consults x5  
Customized meal plan  
Biweekly weigh-ins  
Email support

### 9 Month Packages (expire 12 months after initial consult)

#### **GOLD \$1,200** **(\$1,830 Value)**

BodPod x3  
RMR  
1 hour initial consult  
30 minute consult x8  
Customized meal plan  
Weekly weigh-ins w/  
15 minute check-ins  
Lipo B12 injections  
Email support  
RMR follow-up 50% off

#### **SILVER \$900** **(\$1,380 Value)**

BodPod x3  
RMR  
1 hour initial consult  
30 minute consult x8  
Customized meal plan  
Weekly weigh-ins  
Email Support  
RMR follow- up 50% off

#### **BRONZE \$700** **(\$1,030 Value)**

BodPod x3  
RMR  
1 hour initial consult  
30 minute consult x8  
Customized meal plan  
Biweekly weigh-ins  
Email support  
RMR follow-up 50% off